Policy :

Sun Smart Policy





Version: 1.3

Date endorsed: 12th September 2023

Owner: Moana Primary School

Purpose [Variable]

All department school sites, early childhood education and care services must have a sun protection policy in effect for school Terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above. Sites must inform the school community including employees, students, parents and volunteers of the sun protection policy. The sun protection policy is regularly reinforced and promoted to the whole school community including staff, volunteers and families through newsletters and the school website. For Work Health and Safety and role modelling, when the UV is 3 or above staff are required to practice SunSmart behaviours. Families and visitors are encouraged to role model SunSmart behaviours when participating in or attending outdoor activities within the school. Children and young people are encouraged to be responsible for their own sun protection.

This policy applies to all school activities and events, on and off site

Scope_

Using sun protection

The school uses a combination of sun protection measures for all outdoor activities on and off site during Term 1 and from August 1st to the end of Term 4 and when UV levels are above 3, including:

Clothing

Sun protective clothing is included in the school dress code and is clothing which covers as much skin as possible, for example:

- tops with collars, and sleeves of at least three-quarter to full-length
- pants, shorts or skirts of at least three-quarter to full length.

Clothing which does not meet sun smart guidelines includes, thongs, midriff and sleeveless tops, miniskirts and brief shorts and non-sun smart hats.

Sunglasses

During outside activities and break times, students are encouraged to wear close fitting, wraparound sunglasses that provide the best protection against ocular UV damage.

Sunscreen

- Students are encouraged to apply sunscreen before arriving at school.
- Staff and students must provide their own SPF 30 or higher broad spectrum, water resistant sunscreen. Sunscreen is available in every classroom and in a centralised location in the front office for those staff and students who are unable to provide their own.
- Students are reminded to apply sunscreen at least 20 minutes before going outdoors and reapplied every two hours.
- Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors and buddies).
- Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or pediatrician.

Hats

All students and staff are required to wear hats that protect their face, neck and ears e.g. legionnaire, broad brimmed or bucket hats during Term 1 and from August 1st to the end of Term 4. Baseball or peak caps are not acceptable.

Shade

- Students are encouraged to use available areas of shade when outside.
- Students who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun.

Curriculum

- Programs on skin cancer prevention are included in the curriculum for all year levels at least every second year.
- Sun Smart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school homepage, parent meetings, staff meetings, school assemblies, student and teacher activities and in student enrolment packs.
- Sports day, all incursions and excursions are included in this policy.
- A combination of sun protection measures are considered when planning outdoor activities such as excursions and water-based activities.

Monitoring and Communicating UV levels

- A member of administration will check predicted UV levels for the day using the Sun Smart App (set to Noarlunga) at 8 am each day and the daily bulletin will be used to inform staff so that this policy can be applied. A Class Dojo will also be provided to families to request that students apply sunscreen prior to attending school.
- Staff are encouraged to check the daily sun protection times on the BOM website or SunSmart app each day to support the implementation of sun protection practices when the UV is 3 and above.

Scheduling

- Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible.
- Shade is considered when planning outdoor activities.

- 36 degrees 3 sirens are to sound at lunch time or recess if the temperature is 36 degrees or above at Noarlunga by the BOM website.
- On very hot days (but less than 36 degrees) students will be sent outside at recess time but be encouraged to stay in the shade.

(The information has been extracted from the Cancer Council SA SunSmart policy)

Review Date September 2027